

2ERide Packing List  
Motorcycle Travel 2023

**Shelter/Camp**

tent w/ poles and stakes	
tent footprint	
sleeping pads	
sleeping bag + liner/mummy	
backpacking pillows	
tarp and lines	
ultralight hammock	
Chair	

**Kitchen**

stove	
1x fuel 8oz	
cookware kit	
non stick skillet w/ heat shield	
spatula	
sporks	
collapsable bowls	
dish soap	
plastic bags	
paper towels	
cutting board	
travel thermos or mug	

**Emergency & First Aid**

First Aid Kit (see list)	
lighter/matches	
fire starter - ferrocium rod	
bear spray	
medications/epi pen	
pain meds	
Footcare/blister (leukotape)	

**Motorcycle Tool Kit**

(see list)	

**Clothing/footwear/personal**

t-shirts	
socks	
Goretex socks	
underwear	
wool/synthetic long sleeve top	
wool/synthetic base layer pants	
pants (hiking) w/ belt	
swimwear	
microfiber towel	
dirty clothes bag	
shoes (hiking)	
flip flops/camp shoes	
down puffy jacket	
knit hat	

**Health/Hygiene/Bathroom**

toiletries	
hand wipes/hand sanitizer	
Trowel	
TP/toilet wipes & bags to pack out	
Pstyle	
covid masks	

**Sun & Bugs**

sunglasses	
sunscreen	
SPF lip balm	
Sun hat	
bugspray	
mosquito head nets	

**Navigation**

GPS	
tracks/maps loaded on GPS	
paper maps	
compass	

**Motorcycle**

helmet	
earplugs (incl extra in ziploc bag)	
armor jacket	
rain jacket+triple-digit rain glove covers	
gloves	
armor pants	
boots	
neck buff/gaiter	
heated vest	
chain lube	
faceshield microfiber	
cable and lock w/ key	
tire pressure gauge	
sidestand puck	

**Electronics**

phone	
phone charger and cable	
camera in case w/ extra card	
gorillapod	
micro, mini, usbc cables	
helmet radios	
Helmet Camera and remote	
Garmin InReach	
USB Battery pack / jump starter	
headphones/earbuds	
Headlamp	
laptop, power cord, mouse, ext SSD	

**Other**

cash	
Wallet (w/ ID, credit cards), etc.	
passport	
covid vax card	
Keys (bikes, house, cable locks)	
keys to each others motos	
Multitool/knife	
journal notebook + pen (in zip locs)	
laundry detergent sheets	
extra zip loc/trash bags (mult sizes)	

**Food and Water**

camelback w/ bladder	
water filter	
water purifying tablets	
Water bottles/bladder/storage	

vitamins/supplements	
tea/ instant coffee packets	
spice missile	
electrolyte drink mix packets ***	

\*\*\*super important (our favorite is liquid IV)

Food varies, some meals purchased  
Some on bike/ grocery store ideas below:  
We typically grocery shop every 2-3 days  
Due to medical constraint, we devote more weight and space to food than most everyone does moto travel food differently

**Breakfast**

oatmeal + brown sugar (nuts, dried fruit)  
Eggs, olive oil, salt  
(yes, we often carry 12 raw eggs for 3 days)

**Lunch**

tortillas  
tuna packets (or cans if necessary)  
bakery bread  
cheese (babybel lasts unrefrigerated)

**Snacks/Other**

granola bars  
pb pretzel nuggets, trail mix, jerky  
apples or other fruit when available

**Dinner**

pasta + olive oil  
or rice + coconut milk (Uncle Ben's)  
stir fried fresh veggies + soy sauce  
canned meat, sometimes fresh

**Dessert**

cookies  
fresh fruit if available